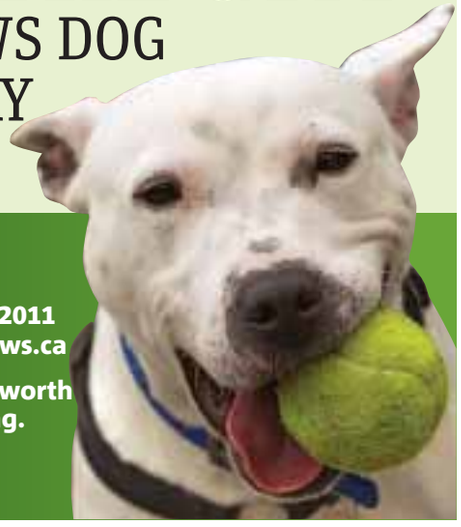
COMFORT ZONE
BRAYWICK BISTRO HAS SOMETHING FOR EVERYONE {page 11}

BEATS THE GYM
STUDY SHOWS DOG OWNERS STAY ACTIVE {page 9}



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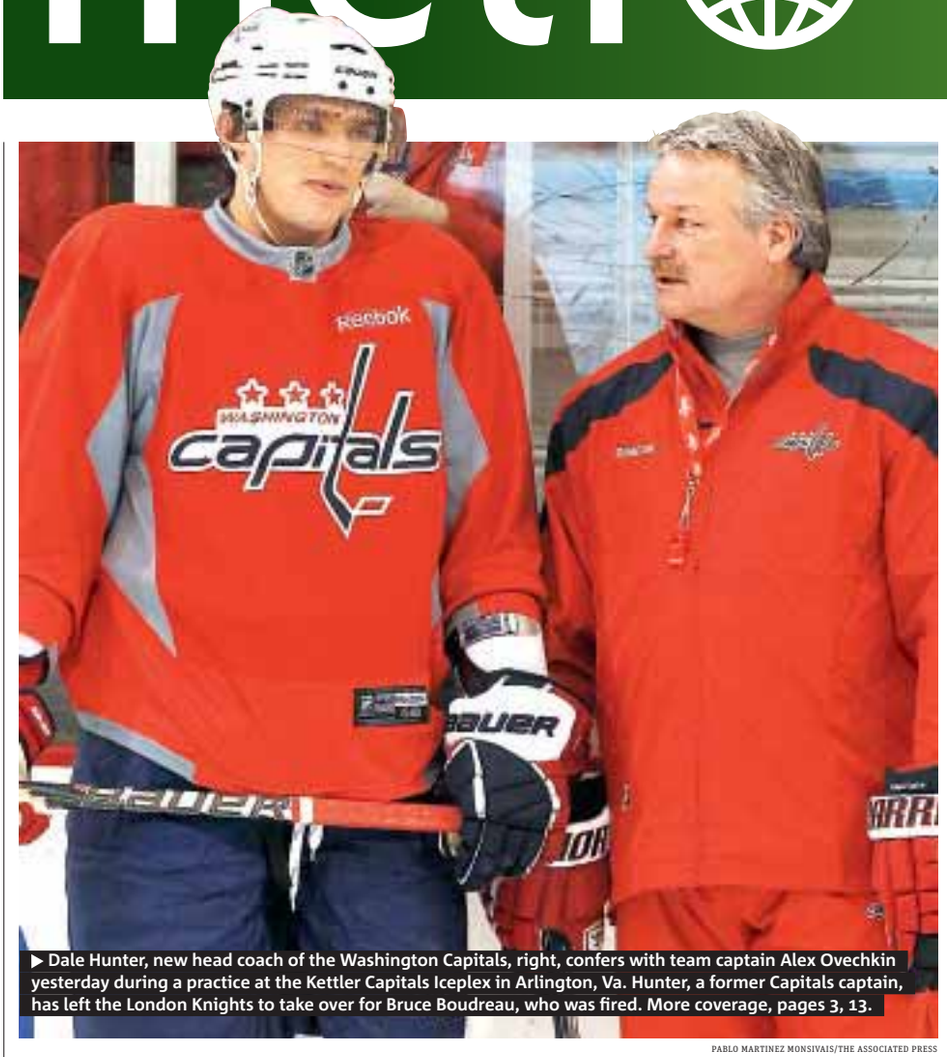
News worth sharing.



▶ Dale Hunter, new head coach of the Washington Capitals, right, confers with team captain Alex Ovechkin yesterday during a practice at the Kettler Capitals Iceplex in Arlington, Va. Hunter, a former Capitals captain, has left the London Knights to take over for Bruce Boudreau, who was fired. More coverage, pages 3, 13.

PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

Mr. Hunter goes to Washington

Parking-fine hike gets the first OK

▶ Fines would rise for 81 offences ▶ The hit for an expired meter would go from $20 to $25

ANGELA MULLINS
@METRONEWS.CA

In less than five minutes, city councillors yesterday paved the way for increasing fines for parking offences, a move that could see most fines rise by $5 next year. The proposal won unanimous support with very little discussion.

If approved by full council next week, the chief justice of Ontario would have to sign off on the increases. The new fines could be in place by February, said John Lucas, acting director of roads and transportation.

The changes are expected to net $240,000 for 2012 if instituted in the first few months of the year, Lucas said. In future years — accounting for a full year's worth of ticket writing — the increases are expected to net $320,000.

Bringing in money is at least partly at the heart of the proposed fee hikes, Coun. Joni Baechler said. Since the city was talking about raising taxes, members of the services review committee thought it might be a good idea to boost revenue, as well. "We thought maybe we should have a balance of both," she said.

The proposal approved yesterday suggests raising fines by more than $5 for 16 of 81 offences. The largest increase would be an extra $50 — from $30 to $80 — for parking within two metres of a fire hydrant.

In other action

- The built and natural environment committee agreed to hold a public meeting to debate fluoridation of city water.
- The meeting will be scheduled for early next year.

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1 news

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On the web at metronews.ca

Make sure the bottle caps are securely fastened to your ugly stick, because it's time for the mummers parade in St. John's. Video at metronews.ca/video

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Local economy to get goosed?

- New government fund would pump money into the London area
- Grants would be available to businesses, communities and economic development agencies

ANGELA MULLINS
@METRONEWS.CA

Premier Dalton McGuinty's Liberals are expected to table legislation today aimed at helping the London area's ailing economy.

Making good on a campaign promise, McGuinty was in the Forest City yesterday to announce plans for the Southwestern Ontario Development Fund — a pot of up to $20 million a year to help create new jobs or secure existing ones.

The initiative would operate along the lines of the Eastern Ontario Development Fund, but, McGuinty said yesterday, the new money would be permanent from the get-go. The Eastern fund — a four-year, $80-million effort — is set to expire in March. Along with throwing money toward this side of the province, the new legislation would keep the Eastern fund afloat.

The model has a sound track record, with 11,700 jobs created and more than $485 million in investment leveraged since 2008, McGuinty said yesterday.

"This is something communities, business and families have been urging us to do."
ONTARIO PREMIER DALTON MCGUINTY

"These funds work," he said. "They are proven. They create jobs and strengthen regional economies."

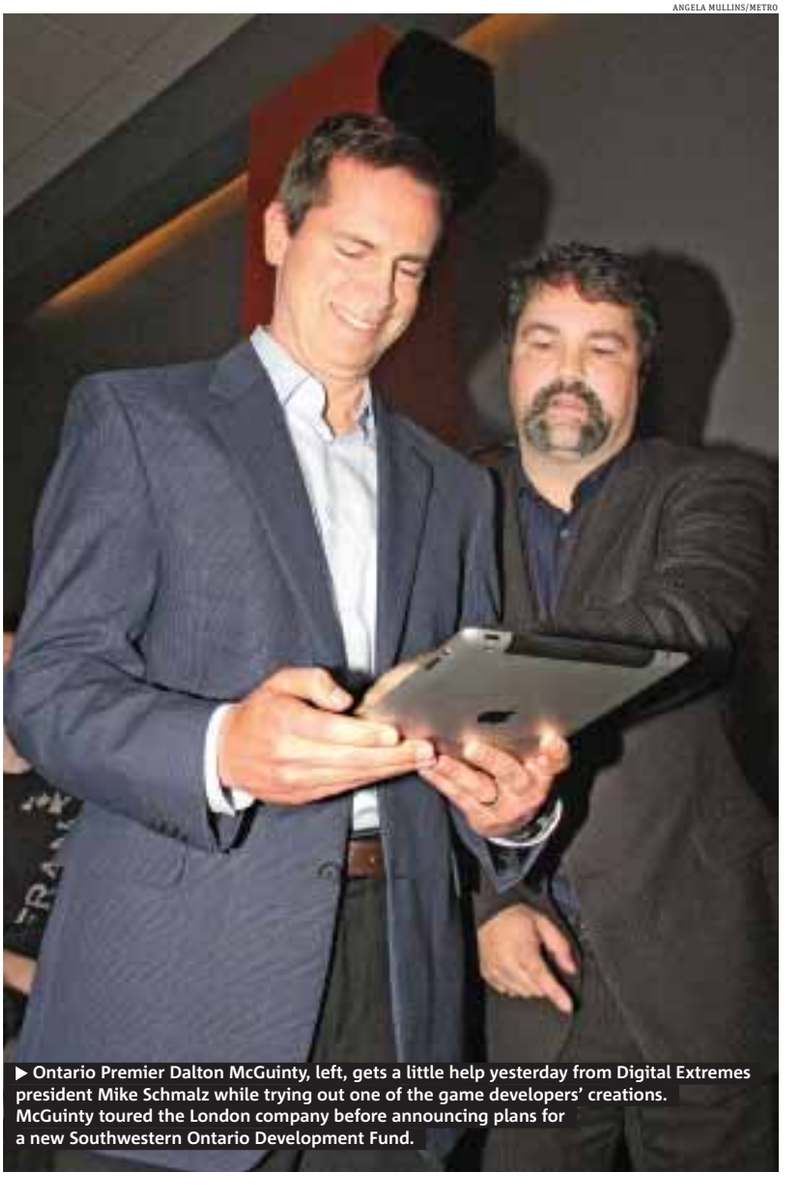
McGuinty said money for the new fund is being made available partially through tightening the purse strings elsewhere. He was not more specific.

"Given our fiscal challenges, any time we move forward (with) a new program like this one, we need to find savings elsewhere," he said. "We're off to a good start with over $8 million in savings already identified, and we will keep working to find additional savings elsewhere so we can reach the full amount."

A game location

- Premier Dalton McGuinty chose London's Digital Extremes, a growing game developer, as the site for the announcement.

ANGELA MULLINS/METRO



▶ Ontario Premier Dalton McGuinty, left, gets a little help yesterday from Digital Extremes president Mike Schmalz while trying out one of the game developers' creations. McGuinty toured the London company before announcing plans for a new Southwestern Ontario Development Fund.

Three London schools could be out forever

The Thames Valley District School Board is recommending the closure of two high schools and an elementary school in London as the board adjusts to declining enrolment and population shifts.

In a report released yesterday, board officials recommend closing Sir George Ross and Thames secondary schools in London. Those students would instead attend either Clarke Road, Montcalm or Saunders Secondary School — all three of which would be upgraded to provide a full range of vocational and tech programs.

The report also recommends closing Lorne Avenue Public School, with students instead attending either Bishop Townshend or St. George's Public School. AM980/AM980.CA

Priorities shift

- The recommendations will be debated tonight.
- If approved, a review committee would be formed in the new year to further examine the report.
- There's no suggested timeline for the school closures.

News in brief

Drivers lose cars, licences

DRUNK DRIVING. London and area police forces nabbed six drunk drivers in two days last weekend. No one was seriously injured or killed. Of the six drivers arrested, one was female. The rest were males under the age of 34, with four of the five in their 20s. All six vehicles were impounded for seven days. The drivers lost their licences for 90 days and face criminal charges. METRO

Architects win award for reno

OFFICE REDESIGN. London's Nicholson Sheffield Architects Inc. won a Design Exchange Bronze Award for commercial interior design, presented at a recent ceremony in Toronto. The award recognizes the firm's recent renovation to their office at 358 Talbot St. METRO

News in brief

▶ Don Drummond

NDP angry over funds for cost-cutting

The New Democrats are fuming over the large paycheque that's being handed to the man who's providing advice on how the cash-strapped government can cut costs. Former economist Don Drummond is being paid $1,500 a day to work on a report whose initial findings are expected to come out in the new year.

THE CANADIAN PRESS

Arguing against trade agreement

Maude Barlow, chair of the Council of Canadians, and Paul Moist of CUPE, will be presenting their arguments against the Comprehensive European Trade Agreement on Thursday at Wolf Performance Hall at the Central Library at 251 Dundas St.

METRO

Police bust grow-op

A London man faces drug charges after police executed two search warrants for a marijuana grow-op. Police searched 4-1565 North Routledge Park and an address on Crestview Crescent last Friday. Police seized 174 marijuana plants along with 1,715 grams of drying marijuana bud for a value of $204,980.

METRO

Dale passes it to Mark as Knights bench boss

- Capitals reportedly began talking to Dale Hunter a week ago
- Not much of a transition, as the new coach is still a Hunter

MIKE ARSENAULT
LONDON@METRONEWS.CA

The siren song of an NHL head-coaching gig was too enticing to pass up for Dale Hunter: He's left London for the Washington Capitals.

Mark Hunter will add head coach of the Knights to his resumé, along with his current duties as general manager and an owner of the club. He says time management will be important.

"I won't miss many practices — that's a teaching tool," Hunter said yesterday afternoon at a press conference at the John Labatt Centre. "It will be a little bit more work for (our assistant coaches)."

The players are familiar with Hunter: He hasn't been sitting in an ivory tower isolated from the team all season.

"I'm not coming in from upstairs," he said. "I've been on the bench (for games), and I'm comfortable with the feel (of the team)."

Assistant coach Misha Donskov believes the coaching change will be seamless.

"(Mark and Dale) believe in the same systems, they have the same philosophies," Donskov said. "Players are familiar with Mark — it's not like they're going into a situation where they (don't know) the individual."

MIKE ARSENAULT/FOR METRO

▶ Mark Hunter

With the Knights' record at 20-5-0-1 — good for first overall in the OHL — Hunter plans on taking an "if it ain't broke, don't fix it" approach.

"We're not going to change much," he said about the top-ranked team in the CHL. "We'll take it game by game and watch — if we do have to tweak something, we will tweak it."

In other Knights news, defenceman Scott Harrington was invited to take part in Canada's national junior team selection camp Dec. 10 to 14 in Calgary.

Dale Hunter era

- Led team to 2005 Memorial Cup.
- Named Canadian Hockey League coach of the year in 2004.
- Compiled a 451-189-23-24 record as coach of the Knights. He became the fastest coach in OHL history to reach 300 and 400 career wins.

Canada to pull out of Kyoto?

Canada heads into climate talks in South Africa this week, refusing to publicly show its hand on whether it's in or out of the only global treaty on limiting greenhouse gas emissions.

Environment Minister Peter Kent says his goal for the meetings in Durban is to come out with a new deal that gets all major emitters involved in cutting greenhouse gas emissions, be they developed or developing economies.

But Kent refused to either confirm or deny reports that Canada in fact plans to walk away for the Kyoto accord altogether.

"This is not the time to make an announcement," he told a news conference yesterday.

THE CANADIAN PRESS

EYE IN THE SKY PHOTOGRAPHY/GREENPEACE

▶ Greenpeace activists brought their message to Parliament Hill using hundreds of LED lights.

Egypt heads to the polls for first free election in decades

Parliament that emerges from vote may have little relevance if military sharply limits its power

AMR NABI/THE ASSOCIATED PRESS

▶ An Egyptian voter passes between the hands of soldiers guarding a polling centre in Cairo yesterday.

They waited in long lines for hours to vote, despite a new wave of unrest, fears about a sharply divided society and uncertainty over the nation's future.

For the millions of Egyptians who cast ballots yesterday, the first parliamentary elections since they ousted Hosni Mubarak were a turning point in history — if for no other reason than they were finally getting a chance to be heard after decades of rigged voting.

The outcome will indicate whether one of America's most important Middle East allies will remain secular or move down a more Islamic path, as have other countries swept up in the Arab Spring.

"I have hope this time," said Amal Fathy, a 50-year-old government employee who wears the Islamic veil, as she patiently waited to vote. "I may not live long enough to see change, but my grandchildren will."

"If you have waited for 30 years, can't you wait now for another hour?"
AN ARMY OFFICER, YELLING AT HUNDREDS OF RESTLESS WOMEN AT A POLLING CENTRE IN CAIRO

Since the uprising that forced out Mubarak nearly 10 months ago, Egyptians had looked forward to this day as a celebration of freedom after years of stifling dictatorship. Instead, there has been deep disappointment with the military rulers who replaced the old regime and a new wave of protests and clashes that began 10 days before the vote.

Adding to the disarray, the multiple-stage election process, which will stretch over months, is extremely complicated. Some of the key political players complained they did not have enough time or the right conditions to organize for the vote.

If there was little jubilation, there was hope — and even defiance — with many determined to either push the military from power or vote against the Muslim Brotherhood and other Islamist groups who are expected to dominate the balloting.

THE ASSOCIATED PRESS

Banned players settle with gay softball group

A gay softball organization has agreed to pay an undisclosed sum to three players who were disqualified from its 2008 Gay Softball World Series because of their perceived heterosexuality.

The men — Stephen Apilado, Laron Charles and John Russ, who played for a San Francisco-based team called D2 — filed the federal lawsuit against the North American Gay Amateur Athletic Alliance last year, claiming they had been discriminated against because they were bisexual, not gay.

THE ASSOCIATED PRESS

News in brief

School board skirts the issue

Thanks to ever-rising hemlines, the Catholic District School Board in Durham Region was to discuss yesterday whether to eliminate kilts as part of the school uniform.

The final decision would be left to parents at each of the seven high schools

TORSTAR NEWS SERVICE

Drop parking fees: CMA

Hospitals should stop charging patients for parking, the Canadian Medical Association Journal said yesterday in an editorial, arguing that parking charges are a health-care user fee in disguise. THE CANADIAN PRESS

News in pictures

PHOTOS
1. JEROME DELAY/THE ASSOCIATED PRESS
2. TIMM SCHAMBERGER/THE ASSOCIATED PRESS
3. ALTAF QADRI/THE ASSOCIATED PRESS
4. THOMAS LOHNES/THE ASSOCIATED PRESS
5. ZVEKI/THE ASSOCIATED PRESS

1 Supporters of opposition candidate Etienne Tshisekedi parade what they claim are fraudulent photocopies of election ballots allegedly found in Kinshasa, Democratic Republic of Congo, yesterday.

2 The trial began yesterday for Adolf B. (no family name given due to German laws) in Nuremberg yesterday. Prosecutors say the 69-year-old forced his daughter to have sex with him in their home or car, starting when she was 12 or 13.

3 A Thai woman texts on her cellphone as she wades through knee-high floodwaters on the outskirts of Bangkok yesterday.

4 Protesters brave overnight cold yesterday as they camp outside the interim storage facility in Gorleben, northern Germany, as they try to stop 11 containers of reprocessed nuclear waste from reaching the area.

5 Kosovar Serbs clash with German NATO peacekeepers as the NATO troops work to remove a roadblock near Jagnjenica, Kosovo, yesterday. THE ASSOCIATED PRESS

Canada's economy still at risk: OECD

- Harsher fate for countries if Europe's mess spreads
- Domestic confidence down, export sector limited

Europe's debt problems and the global slowdown have weakened Canada's economy and pose even graver risks going forward, warns the Organization for Economic Co-operation and Development.

The OECD said yesterday that Canada is currently going through a rough patch of weak growth because of the deteriorating external environment.

The OECD expects Canada's economy to muddle through and post a soft 1.9 per cent advance next year, followed by a stronger 2.5 per cent expansion in 2013, but all bets are off if the European debt crisis spreads beyond the continent.

"Prospects only improve if decisive action is taken quickly," said chief economist Pier Carlo Padoan.

While most of the risks stem from Europe, Canada is not totally blameless, the OECD says, citing "high levels of household indebtedness (that) are eroding consumer confidence."

The International Monetary Fund and the Economist magazine have flagged record levels of household indebtedness as risks to the Canadian economy. Household debt is at about 150 per cent of disposable income, an all-time high.

Still, Canada's economic expansion over the next two years will vie with the U.S. for tops in the G7 — which also includes euro-zone members Italy, France and Germany.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar
+ 178.15 (11,640.21)	+ 1.29¢ (96.58¢ US)
Oil	**Natural gas**
+ 1.44¢ US ($98.21 US)	$3.364 (- 17.8¢)
	Gold
	$1,710.80 (+ $25.10)

Smarter. Car

▶ Toyota Motor Corp. unveiled futuristic concept car Fun-Vii yesterday at the upcoming Tokyo auto show, which opens to the public this weekend.

KOJI SASAHARA/THE ASSOCIATED PRESS

Tweet at the touch of a car door

Resembling a giant smartphone, the car works like a personal computer and allows drivers to connect with others with a tap of a touch-panel door.

12 days of expenses

The price of partridges, pear trees and turtle doves has spiked, pushing the cost of every item mentioned in the carol The Twelve Days of Christmas, above $100,000 for the first time.

The 364 items repeated across the verses would cost $101,119, an increase of 4.4 per cent over last year, according to the annual Christmas Price Index compiled by PNC Wealth Management. The broader government Consumer Price Index increased by 3.9 per cent over the same period.

Those with the money to spend would end up with 12 drummers drumming, 22 pipers piping, 30 lords-a-leaping, 36 ladies dancing, 40 maids-a-milking, 42 swans-a-swimming, 42 geese-a-laying, 40 gold rings, 36 calling birds, 30 French hens, 22 turtle doves, and 12 partridges in pear trees (excluding bird maintenance). Buying just one set of each verse in the song will cost $24,263 this year — a moderate 3.5 per cent rise. THE ASSOCIATED PRESS

Ex-teen singing sensation tells of tabloid torment

She was just 13 when Rupert Murdoch asked her to sing at his wedding.

Charlotte Church was given a choice: a £100,000 fee or a chance to generate goodwill with the media magnate by performing for free. She wanted the cash, but her record company and manager said no, it was better to make friends with Murdoch, head of a global news and entertainment empire.

"Despite my teenage business head screaming 'Think how many tamagotchies you could buy!' I was pressured into taking the latter option," she told Britain's press ethics committee. "This strategy failed ... for me."

Church, 25, told Britain's media ethics inquiry yesterday that the Murdoch press, and other British tabloids, had ruthlessly tormented her since she was a child singing sensation, blowing her credibility "to bits" and badly damaging her career.

She said press intrusion had a devastating impact on her family life and particularly on her mother. Church said her mother had tried to kill herself in part because she knew a newspaper was planning to expose her husband's extramarital affair.

JOEL RYAN/THE ASSOCIATED PRESS

▶ British singer Charlotte Church arrives at an awards ceremony in London on Oct. 25, 2010.

The former teenage singer told the inquiry how cameramen tried to take photos up her skirt and down her blouse and published "intimate" details about her sex life when she was just 17.

"I've been made a caricature for so long, and this person portrayed in the tabloids really isn't me," she said. Church also described how one newspaper had a countdown before her 16th birthday to mark the moment when she would reach the age of consent and be old enough to legally have sex. "It just felt horrible," she said.

Church, a pop and opera singer, is the latest prominent person to tell the committee how Britain's unscrupulous press has invaded their privacy and damaged their lives.

Prime Minister David Cameron set up the inquiry in response to the scandal that began with illegal eavesdropping by the News of the World tabloid.

THE ASSOCIATED PRESS

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London Knights Armoury

GIVING UP ON HIGHRISE LIVING

SHE SAYS ...

JESSICA NAPIER
METRO

Last weekend I moved — an entirely frustrating and time-consuming ordeal that we all go through at least a few times in our lives. After 16 months in a cookie-cutter condo building, I left my highrise rental for something entirely different.

I found a newly finished basement apartment in a beautiful Victorian house on a wide leafy street a mere 15-minute walk away from my old address. And even though my postal code remains the same, my new place feels a world away from the glass and concrete wasteland I once called home.

Back on street-level (well, I guess technically I'm below it) there is a whole world I had forgotten about, a diverse neighbourhood where people manicure their lawns and next door's cat prowls by your window.

Subterranean living has its deficits for sure — natural sunlight is at a minimum and cellphone reception is spotty at best. Taking out the garbage has become a real chore rather than something I could send down a magical "someone else's problem" chute.

"I never anticipated that a basement would feel less claustrophobic than a brand new apartment, and, yet, your rental dollars go a lot further when you invest them underground. Despite the low ceilings, the space feels vast in comparison to my 500-square-foot cube."

And, yes, the view leaves a lot to be desired (the view is dirt; it's a basement, remember). But you know what? The lookout on the 21st floor had its problems too. It was unnerving how easy it was to peer into the private goings on of the residents in the adjacent condo development. After a while it started feeling a little bit too much like Rear Window for my liking.

I never anticipated that a basement would feel less claustrophobic than a brand new apartment, and, yet, your rental dollars go a lot further when you invest them underground. Despite the low ceilings, the space feels vast in comparison to my 500-square-foot cube. I'm no longer tripping over my furniture and I can actually have more than two guests over for dinner; I just can't invite anyone over six-foot-six.

I'm sure the novelty will wear off eventually, but for now living in a brick-and-mortar-home again is oh so charming. I'm comforted by the ambient noise of the furnace and footsteps overhead. Rather than suffocating on recirculated condo air, I wake up in the morning to a refreshing chill of a real house.

Downtown space is at a premium and building upwards is the obvious solution for overcrowded cities. But while vertical living is an unavoidable reality, I'm not sure that people are meant to live 20-something floors up in the air. There's just something much more human about being back down to earth.

Read more of Jessica Napier's columns at metronews.ca/shesays

Register at metropolitanpanel.ca and take the quick poll

Did you win your Grey Cup bet?

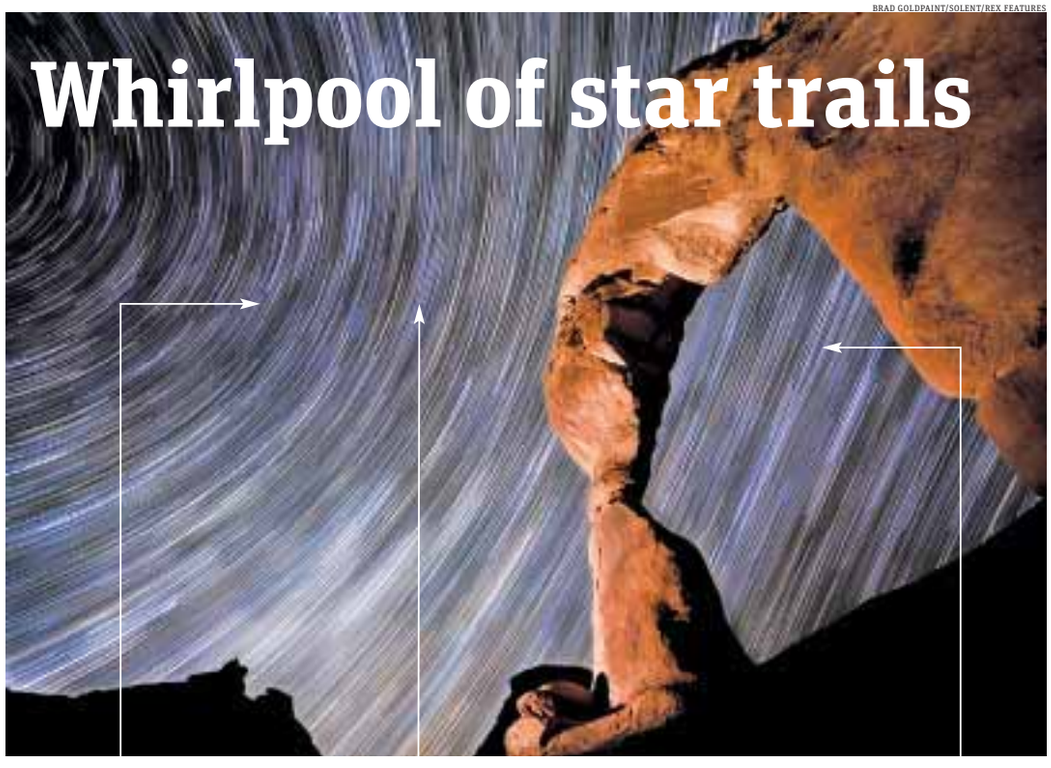
67%
YES! I KNEW THE LIONS WOULD COME THROUGH

33%
NO. THE BOMBERS LET ME DOWN

Local tweets

- **@tbk Creative:** Out of Canada's largest cities, London Ontario ranks 3rd for most loving on Twitter. #ldnont
- **@brentlale:** Interested to see how #DaleHunter handles media in WASH.... Way more interviews and pressure at this level than he's ever seen in #ldnont
- **@annaontheradio:** #vicpark #ldnont is actually so gorgeous right now! I usually don't like winter so that make things a bit better :D
- **@BobnoxiousRocks:** CD release & Autograph signing tomorrow @sunriserecords in White Oaks Mall #LdnOnt! Be 1 of first 20 to get Limited Edition Bobnoxious pin
- **@laceysmithxo:** Almost 19 :D . What are the best bars/clubs in #ldnon #ldnont #londonontario #forestcity? #fanshawe #uwo
- **@Sadie_Liz:** I need help from my tweeps looking for movies featuring/staring or made for geeks #ldnont
- **@GBL_Alan:** First half of the day is done. Looking forward to finishing, then heading to #UWO to straighten out student loan nonsense

BRAD GOLDPAINT/SOLENT/REX FEATURES



Whirlpool of star trails

Camera snaps starry beauty

THOMPSON, UTAH. The slow motion of a wild, starry night was captured in a single frame by photographer Brad Goldpaint, who shot this image from a 305-metre shear drop in Arches National Park. Brad trekked 2,092 kilometres across the States, snapping landscapes to capture "inspirational elements within the natural world." MWN

"I want to illustrate the unknown and put it together with earthly landscapes."
BRAD GOLDPAINT, PHOTOGRAPHER

Snap a 'star trail'

- **Use a sturdy tripod.** Any movement will put "squiggles" in your trails.
- **Use a wide-angle lens.** The 35mm equivalent of 20-50mm focal length is good.
- **Open the shutter.** Leave it open as long as possible. Longer exposures mean longer star trails.
- **Choice of camera.** "Nikon. I shoot in a raw-image format."

They call these lines 'star trails'

PHOTOGRAPHY. Hallucinatory, spell-binding — perhaps nauseating? These are star trails, a feature specific to astrophotography. They are lines of light made using time-lapse photography: stars recorded as the Earth rotates over time by a camera with an open shutter to produce these stunning circular lines. MWN

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Battle of the box sets

- Do you have a music geek in your house? Check out some of these epic box sets
- These collections dig deep to satisfy the hunger of the most rabid fans

U2: Achtung Baby Super Deluxe Edition Box Set

Longevity in the music business can be traced to a pivotal moment in an artist's career, and for U2, that milestone was Achtung Baby. The 1991 album represented U2 2.0, the point where the band reinvented itself. Now fans can experience the making of the classic recording with a box set that includes nearly as many discs as album releases. The album that spawned such classics as One and Mysterious Ways was recorded in Berlin during a tumultuous period for the band. After experiencing the mega-success of The Joshua Tree and the concert film Rattle and Hum, the band was at a crossroads. So they broke away from their families to find their sound in a distant land. After a great deal of tension, they found what they were looking for with One, and the rest fell into place. Not only were they able to churn out the remainder of the album, but they also recorded the follow-up, Zooropa. The collection consists of six compact discs and four DVDs, including the documentary, From the Sky Down, and a Zoo TV special. Other goodies include a hardcover book and 16 art prints. There's a scaled-down two-disc set that includes 14 additional tracks, and an uber-deluxe version that includes a set of collectible vinyl singles, a magnetic puzzle tiled box, and a pair of Bono's trademark Fly sunglasses.

Nirvana: Nevermind Super Deluxe Edition

Working through the hours of material on this 20th anniversary celebration of Nirvana's Nevermind is an unexpectedly melancholy experience. When Nevermind hit the street in 1991, destroying hair metal in just a few bars of Smells Like Teen Spirit, it reshaped not just rock music but pop and punk and America. Listening to the various versions of Nevermind in this edition, one of two commemorative releases, reminds us that no one's really come close to carrying the standard in the years after Nirvana's fiery flare across the night sky. The super deluxe version is both fascinatingly deep and needlessly so at the same time. There are four discs with 69 cuts that include a remastered version of the original album, various B-sides, live cuts and unreleased versions and even a few early boom box proto-recordings that provide a glimpse at the evolution of Nirvana's biggest hits. There's also a book that includes photos and other artifacts from the period. The highlight of the super deluxe edition is the Nirvana: Live at the Paramount DVD of the band's Oct. 31, 1991, concert in Seattle. Things were just starting to blow up and the band is young and powerful.

The Smiths: The Smiths Complete

This is a swank box set, in both CD and vinyl, containing all four studio albums released in an astounding flurry between 1984 and 1987 and four more discs of live bits and odds and ends. Morrissey's sweetly crooned rancour and cutting indignation remain a soothing balm years later, and Johnny Marr's diamond-lattice guitar work is still every bit as engaging as it was in the mid-1980s, despite all the copycats and pretenders over the years. These albums were grenades lobbed at the establishment at the time and should find fresh ears in the 21st century. Morrissey and his mates were reacting to the growing elitism of the wealthy and the many inequalities of modern society. Many of the same themes have re-emerged 25 years later in the age of Occupy Wall Street. The Smiths have aged very well. The Queen is Dead and Vicar in a Tutu remain vibrant and alive, the sneer still fresh on the lips. There is a Light That Never Goes Out and I Want the One I Can't Have remain just as heartbreakingly sad. And songs like How Soon is Now and London still rock with an unexpected ferocity. The one disappointment is the light liner notes.

Pink Floyd: The Dark Side of the Moon Immersion

Regarded as one of the most important albums in pop thanks to its unprecedented life on the charts and timeless sound, it should come as no surprise the iconic album The Dark Side of the Moon gets the box set treatment. The Immersion Collection, as it's called, consists of six discs centred on the album, and lots of collectibles, including a 40-page booklet, marbles, drink coasters, and a scarf. That's right, a scarf, complete with the album's trademark dispersive prism. While these items may be cool, the real value of this collection lies in the album's original mix, which up until now has never been released. Unlike alternate takes that seem to pervade these types of collections, the early mix of this album stands on its own merit. Presented in its entirety, it provides a different perspective of the version of the album burned into our minds over the past 37 years. Dark Side seemed to culminate the experimental soundscape of the band's seven previous albums with the right blend of mainstream appeal. So this cut serves as the step before their masterpiece was complete.

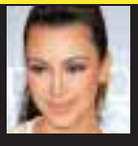
Billy Joel: The Complete Albums Collection

We live in a fragmentary culture. How odd, then, to be able to listen to the entire arc of a singer-songwriter's artistic life in one package — and see, as close as is possible in art, the complete picture of who someone has been. So it goes with Billy Joel: The Complete Albums Collection — a 15-CD (15!) collection that takes the Joel oeuvre from the dawn of the 1970s into the 21st century. From Piano Man to Just the Way You Are to Uptown Girl to We Didn't Start the Fire and beyond, it's quite a ride. In recent years, Joel-bashing has become a not-uncommon exercise. He's saccharine, people say. Hackneyed. Not too relevant. Syrupy. That's unfair. Joel is one of the premier pop songwriters of his generation, and even his more uneven efforts are generally good listening. If you can — and it's a lot to ask, true — take the time to listen straight through to the more than 11 hours of music in these albums. Taken together, it's an epic portrait of an era and how it unfolded, in New York City and beyond.

THE ASSOCIATED PRESS

2 scene

Scene in brief



Justin Bieber is the king of the web in the U.S. but gets less love from his home country, according to year-end search results from Bing.com. According to Microsoft's search engine, Bieber was the top searched person in the United States in 2011 but barely cracked the Top 10 list in Canada at No. 9. The top searched celebrity in Canada was Kim Kardashian, while she was second in the U.S. Most of the same names made both lists — including Lindsay Lohan, Britney Spears, Jennifer Aniston, Jennifer Lopez, Lady Gaga and Megan Fox — although Kanye West made the Top 10 in Canada and Miley Cyrus was popular in the U.S. The royal wedding of Prince William and Kate Middleton was the top searched news event of the year in Canada.

THE ASSOCIATED PRESS

Scan this code for the top searches on Bing.ca in 2011.

Bob Miley or Lyin' Miley?

Cyrus retracts her self-incriminating statement about being a stoner

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

Hannah Bongtana, it's time to come clean.

After it surfaced over the weekend via The Daily that Miley Cyrus was presented with a Bob Marley-shaped cake at her 19th birthday party at the Roosevelt Hotel in L.A. and quipped, "You know you're a stoner when friends make you a Bob Marley cake — you know you smoke way too much f--in' weed," she is now retracting it, saying the video was all a "joke."

Her rep tells TMZ that Miley was joking about the cake and that the Bob Marley reference was because her friend Kelly Osbourne has been calling her Bob Miley since she saw a video of her ripping a huge bong hit last year.

ALL PHOTOS GETTY IMAGES

▶ Miley Cyrus

Cyrus then claimed that it was salvia, a harmless herb, and not marijuana in the bong.

Cyrus's rep says that Miley is not a pothead.

Pfft. Right.

Because non-stoners are known for their love of all things Bob Marley.

My 74-year-old Republican mother has a giant Marley tapestry hanging in her living room because it matches her sofa.

Charlize the ugly duckling?

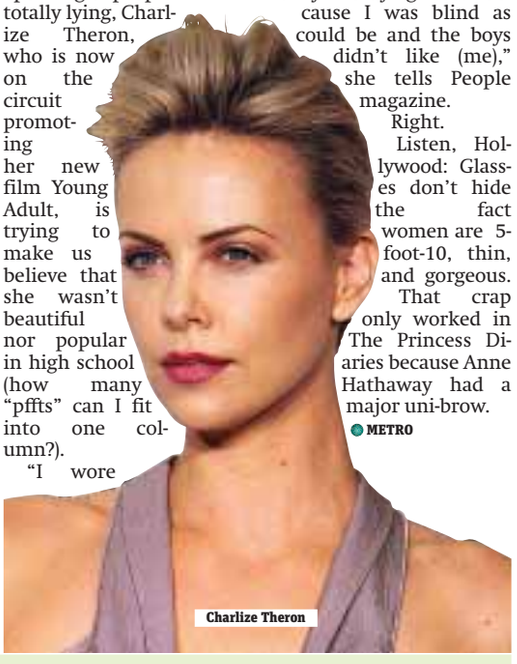
Speaking of people totally lying, Charlize Theron, who is now on the circuit promoting her new film Young Adult, is trying to make us believe that she wasn't beautiful nor popular in high school (how many "pffts" can I fit into one column?).

"I wore really nerdy glasses because I was blind as could be and the boys didn't like (me)," she tells People magazine.

Right.

Listen, Hollywood: Glasses don't hide the fact women are 5-foot-10, thin, and gorgeous. That crap only worked in The Princess Diaries because Anne Hathaway had a major uni-brow.

METRO



Charlize Theron

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CENTENNIAL HALL
Gerald Fagan Singers & Concert Players Orchestra
3:00 PM
SUNDAY, DECEMBER 11
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Pippa scores book deal

Royal sister-in-law Pippa Middleton has secured a nearly $600,000 advance to write a party planning book, according to the Mail on Sunday.

An auction for the socialite's project had reportedly been going on for weeks, with publisher Michael Joseph, an imprint of Penguin, coming out on top.

"It will be about entertaining and how to throw the perfect party," a source says.

"It's not just about being the perfect hostess — it will also include recipes and information about how to host different types of events."

The book, which Middleton is reportedly writing without the help of a ghostwriter, is due out in time for the 2012 holiday season.

METRO

▶ Pippa Middleton

HOLIDAY SALE
December 1st 5:00 - 8:00 p.m.
Mountsfield Public School
60+ Local Vendors Selling Fantastic Items
Auction of Luxury Vehicles for a Night Out
Buy Your Christmas Tree On Site
Gift Basket Raffles
Pictures with Santa
Baked Goods & Coffee
Kid's Craft Area Staffed with Babysitters
And Holiday Music and Magic in the Air!
Hosted by the Mountsfield Public School PTA

Celebrity tweets

@Oprah

Think this mom with the girls in pageants is fulfilling "her" dream, not her daughters.

@rickygervais

Is there anything more boring and pointless than tweeting about someone's typos or syntax on twitter? It's f---ing TWITTER for Christ sake.

@MissKellyO

Taking my papa grocery shopping!

@ConanOBrien

Scotch looks delicious, but then you take one sip and it tastes like a leather furniture store that's on fire.

Get healthy, get a dog

A new study shows that dog owners stay more active than their counterparts during the winter Lead author suggests they can have positive effects beyond just increased activity

CELIA MILNE
LIFE@METRONEWS.CA

ISTOCK PHOTOS

A recent study once again proves what we all know — dog owners are better people.

Not rain, not ice, not snow, not sleet can keep your doggie off his feet.

People who own dogs benefit health-wise from their pet's need to go for walks all year long.

A recent study at the University of Calgary found that having a dog keeps owners active and walking, even in horrendous weather.

This is significant because a large percentage of Canadians — 64 per cent — are inactive during the winter. Who can blame them? In Calgary, in the dead of winter, sunset occurs less than eight hours after sunrise and the mean temperature ranges from -8.5 to 1.5 degrees C, say the authors.

There's nothing like a pair of big brown, begging eyes and some adorable furry eyebrows to get you to don your mitts, hat, boots and parka, and get outside.

"By acting as cues for physical activity, dogs may help their owners remain active across seasons," says Parabhdeep Lail, lead author of the study and a medical student at the University of Calgary.

He and colleagues studied the walking habits of 428 Calgarians in both summer and winter. In the group, there were 115 dog owners.

The dog owners were at least three times more likely than non-owners to be consistent about walking in their neighbourhoods for recreation, the study found.

"This can have a positive effect on others in the community," reported Lail.

Seeing neighbours outdoors walking their dogs encourages non-owners to get out and walk and makes people feel safer in their communities.

Lail and his colleagues suggest that dog-friendly neighbourhoods — including housing that allows dogs and parks that support dogs — may assist in enhancing population health by promoting physical activity.

In winter

Physical activity can help prevent some chronic diseases.

Get active Physical activity tends to wane in wintertime, says Parabhdeep Lail, a medical student at the University of Calgary. Owning a dog may be a good antidote to winter inertia, he says. People generally know that participation in regular physical activity is important for the prevention of many chronic diseases, including type 2 diabetes, hypertension, cardiovascular disease, obesity, osteoporosis, some cancers, irritable bowel syndrome, dementia and depression.

Best Health Minute

BONNIE MUNDAY, EDITOR-IN-CHIEF, BEST HEALTH MAGAZINE

In The Raw

If you've heard of the raw-food diet, you've probably also heard that raw fruits and vegetables are always better for you. But that's not true.

Yes, heat destroys enzymes in foods that make them more easily digestible.

But cooking also breaks down fibre, making these foods easier for your body to process. (Imagine trying to chew, much less digest, a raw Brussels sprout.)

Scientists have discovered that cooking even boosts levels of important compounds in some fruits and vegetables.

For instance, ketchup — which contains concentrated tomatoes — has five to six times more lycopene, a cancer-fighting antioxidant, than raw tomatoes do. Heat does rob fresh produce of some nutrients, especially vitamins that dissolve in water. For example, cooking fruits and vegetables tends to reduce their levels of vitamin B6, vitamin C and folate.

But cooking actually increases the antioxidant levels of some vegetables, such as corn and carrots.

If you like raw produce, crunch away. But don't fear the vegetable steamer.

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ISTOCK PHOTOS

Cooking vegetables can increase antioxidants in some vegetables

3 life

A new study shows

Cupcakes are as addictive as cocaine

Processed, sugary foods are as addictive as cocaine or nicotine, say scientists from Yale University. When binge eaters were shown images of food, the decision making part of their brain experienced a surge dopamine in the same way an addict would respond to seeing drugs.

METRO WORLD NEWS

Canada's health-spending has 'mixed results' compared to other countries: CIHI

ISTOCK

▶ According to Charles the Butler, you shouldn't "give up" the ladder at the office. This means that if your boss buys you a gift, you are not required to buy them something in return. Instead, just write a thank-you note.

OFFICE GIFTS: DON'T GO OVERBOARD

Now that the holiday season is fast approaching, I'm once again confused and, more importantly, stressed about office holiday gift giving. When to give, what to give and how much to spend. Stressed for the Holidays

CHARLES THE BUTLER

ASKCHARLESTHEBUTLER@METRONEWS.CA

FOR MORE, VISIT CHARLESMACPHERSON.COM

Dear Stressed for the Holidays,

The holidays are a stressful time for many people, so let's first try and take a little bit of the stress away.

Lets deal with the easy question: How much to spend?

First and foremost, you should only spend what you can afford. It is foolish to put yourself in debt just to buy someone a present. Anybody who would expect you to do that is not worth giving a present to, in my humble opinion.

Secondly, at the office, remember you technically never "give up" the ladder, so if your boss buys you something, you are not required to buy them something back. However, remember a good hand-written thank-you note will go a very long way!

And although I'm not one to push for office gifts, if everyone really wants to exchange presents, then a "Secret Santa," where you buy for one person, is just fine.

But remember to stick to the agreed-upon budget and more importantly remember to be tasteful in what you buy.

The entire office will see this and being the office clown is not always a good thing. In fact, what was funny at the time you bought it in the store can be a big disaster in a professional office setting a few days later.

Deep breath, it is all going to be OK. Just make your list, set your budget and stick to it.

Oh and one final important rule: Don't wait until the last minute; go do your shopping now and get it over with.

You will love having your feet up on a cold winter's evening when everyone else is shopping and grumpy.

HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@METRONEWS.CA.

Date Night

▶ Check out a belly dancing performance to learn some new moves that you can use (wink, wink).

Ideas for your next date

1 Dinner made sexy
Check out the sultry performances of talented belly dancers as you take in an exotic meal. Bonus: You can pick up a few new moves for your next private dance!

2 Day (or night) at the museum
Take in stunning Egyptian jewellery, the fossilized remains of majestic dinosaurs, or gorgeous pre-Columbian flutes, all under the roof of your trusty local museum! Bonus: Most museums offer discounted admission on certain nights.

3 Get starry-eyed
Enjoy an unforgettable night under the stars—indoors! Explore constellations, quasars and galaxies, and feel extra lucky that the stars aligned for the two of you.

GO TO 2FORCOUPLES.COM FOR MORE DATE NIGHT IDEAS

Satisfy cravings across the board

If you have a group that has varying tastes, try The Braywick Bistro The eatery offers an unfocused but delicious menu

PAUL MITCHELL

Curried Chicken Fillet ($14).

LUNCH RUSH

PAUL MITCHELL
FOOD@METRONEWS.CA

Braywick is jumping as I arrive. The long, narrow bistro is filled with happy, bustling tables and the taste of their food and service leaves me without questioning why.

Offering up an eclectic range of world dishes, the menu offers something for everyone. From pastas and sandwiches to Pad Thai ($14), the extensive selection lacks of focus but looks appetizing.

The Braywick Bistro
244 Dundas St. (between Clarence and Wellington)
519-645-6524
braywickbistro.ca
Social lunch: Yes
Client negotiation: Yes
Price: $8.50 - $15
Rating: 4 out of 5

Despite being almost full, we are seated quickly, with drinks and orders taken promptly. Glasses are refilled several times.

I order Curried Chicken Fillet ($14) which arrives bathed in a thick, aromatic and flavourful sauce. The tender meat sits on a risotto cake for texture and weight along with crisp vegetables.

My guest's Beef Wrap special ($13) is fresh, accompanied by Sweet Potato Stix, which he insists are the best.

For an energizing lunch with a group in which everybody is craving something different, Braywick Bistro is sure to make everyone very happy.

Veggies for dessert? Sure

Sweet Potato Brulée makes for a luscious ending to a meal

Ingredients:
- 1 sweet potato
- 125 ml (1/2 cup) pure maple syrup
- 125 ml (1/2 cup) milk
- 5 ml (1 tsp) vanilla
- 2 ml (1/2 tsp) ground ginger
- 1 ml (1/4 tsp) ground nutmeg
- Pinch salt
- 3 eggs, lightly beaten
- 30 ml (2 tbsp) brown sugar

Preparation:

1 Scrub sweet potato and trim ends; pierce with knife in several places. Microwave on High 6 to 8 mins until tender, turning over partway through cooking. When cool enough to handle, remove skin and mash with a fork.

2 In bowl, place 250 ml (1 cup) of mashed sweet potato, whisk in maple syrup. Whisk in milk, vanilla, ginger, nutmeg and salt. Whisk in eggs one at a time.

3 Divide among six 175-ml (3/4-cup) ramekins. Set ramekins in baking pan and place pan in oven. Pour in enough hot water to come halfway up sides of ramekins. Bake in a 180 (350 F) oven for 25 to 30 mins or until filling is almost set (centre jiggles a little, but will firm up on cooling and chilling). Remove ramekins to a wire rack to cool completely. Cover and chill for at least 4 hours or overnight.

4 Just before serving, blot tops of custards dry with paper towel. Sprinkle 5 ml (1 tsp) brown sugar over top of each. Place on a baking tray and place under broiler, watching carefully until sugar is bubbly.

ADAPTED BY EMILY RICHARDS, / THE CANADIAN PRESS/FOODLAND ONTARIO

'Tis the season for resourcefulness

FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA

Being resourceful throughout the holidays saves you money and reduces waste. For example, going all out on wrapping paper and bows kills trees and costs a few dollars per present. Why not reuse gift bags you've accumulated throughout the year?

Or, if you've prepared baked goods, give them out in reusable (and returnable) Tupperware rather than in disposable plastic baggies.

Check your jacket pockets, purses, in between the couch cushions and in junk drawers for coins or bills.

Do you have partially used gift cards taking up space in your wallet? Have you cashed in all your Groupons? Use up any leftover pennies, dollars and coupons toward gift purchases. Next, check for regift opportunities. Did you get duplicate copies of your favourite book for your birthday? Or did you win an iPod at work that you don't need because your existing one is perfectly fine?

Don't be embarrassed by re-gifting. If you can't use something, give it away. Otherwise it'll go to waste and collect dust. What loyalty programs do you belong to? Air Miles, Aeroplan, credit card rewards, grocery store points?

Depending on your loyalty program you could cash in your points for gifts such as electronics or travel.

If you're of the mindset that you should keep saving up your points for a massive trip in a few years from now, think again. The longer you wait to redeem points, the more likely it is the point system will change and adjust to the increasing cost of providing the rewards. Thus, your points become less 'rewarding' over time. Take advantage of them this holiday season and save money!

ISTOCK

▶ Don't start the New Year with a financial hangover from December.

Saving money throughout the holidays isn't the same as being a cheapskate. Both your bank account and the environment benefit from your resourcefulness.

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JEFF VINNICK/GETTY IMAGES

▶ Wally Buono hoists the Grey Cup on Sunday.

Lions think Buono will walk away a champion

B.C. Lions players expect Wally Buono to relinquish his coaching duties but retain a management role after guiding the CFL club to a Grey Cup victory.

"I don't think he'll come back as coach, but I don't think he's just going to step away from football," said Lions defensive back Korey Banks yesterday at their practice facility.

Buono, who is currently general manager and coach, led the Lions to a championship Sunday in a 34-23 win over Winnipeg.

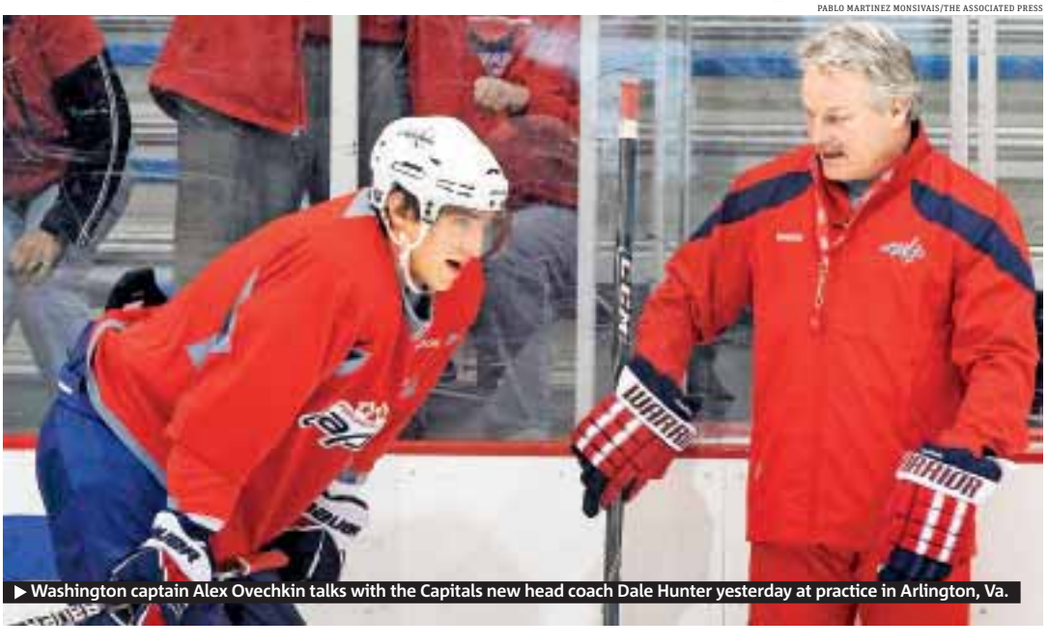
Players say Buono has not told them of his decision, but the CFL's all-time winningest coach will not come back with the sole purpose to win a sixth Grey Cup as head coach.

"You have to respect the game and you have to respect the tradition of Grey Cup, but if that's your motivation, I think that's very selfish," said Buono, a head coach for 22 seasons. "It's not about that. What I've got to decide on is what I think is best for the organization, but I've also gotta decide on what's best for me." THE CANADIAN PRESS

Shuffling the decks

Caps fire Boudreau, while Canes can Maurice on Black Monday for NHL coaches ◐ Hunter steps behind D.C. bench and Muller given Carolina job

PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS



▶ Washington captain Alex Ovechkin talks with the Capitals new head coach Dale Hunter yesterday at practice in Arlington, Va.

Trouble was in the air at least a couple weeks before the axe came down on Bruce Boudreau and Paul Maurice.

With the Washington Capitals and Carolina Hurricanes losing more than they were winning, both men knew they were on thin ice before getting fired hours apart yesterday.

Boudreau and Maurice shared similar headaches.

The captains of both teams are struggling mightily. As of yesterday, Eric Staal of the Hurricanes was a league-worst minus-17 and on pace for his lowest point total since his rookie year. Washington's Alex Ovechkin, once the NHL's undisputed goal-scoring king, was tied for 38th in that category.

"This wasn't a slump. You can ride out slumps. This was simply a case of the players no longer responding to Bruce."
CAPITALS GM GEORGE MCPHEE ON FIRING COACH BRUCE BOUDREAU

The most telling sign of trouble was when both men started making bold moves. Boudreau feuded with Ovechkin this season and scratched veterans Joel Ward and Alex Semin, but Washington still lost six of eight. Maurice benched defenceman Tomas Kaberle on Sunday for a game Carolina lost 4-3 in Ottawa.

Boudreau had been under fire for a calendar year, dating back to a long slide last December and punctuated with a sweep by Tampa Bay in the second round of the playoffs. Washington named former Capital Dale Hunter as his replacement.

"I think Bruce came in here and emptied the tank," Capitals GM George McPhee said in Arlington, Va. "When that happens, you get a new coach where the tank is full and see if it makes a difference."

Maurice was in his second stint with the Hurricanes and was expected to help a team with modest talent overachieve. With the playoffs slipping from view, Carolina GM Jim Rutherford decided to see if Kirk Muller can get more out of the players than Maurice.

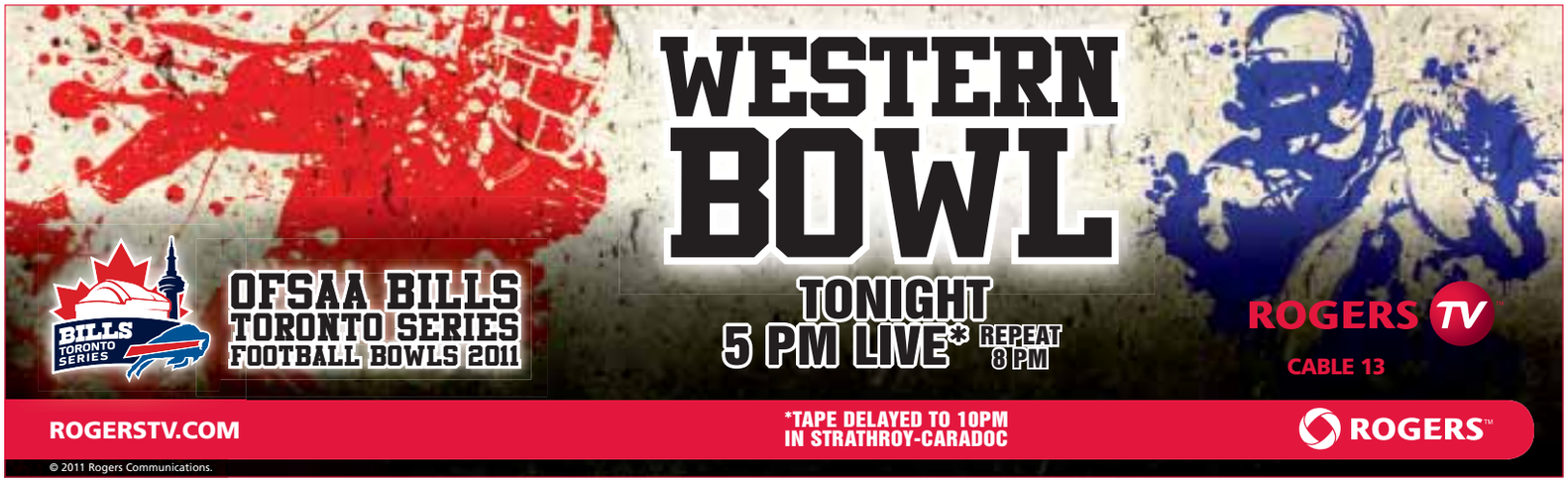
"We feel confident that he is the right man to lead our team now and in the future," said Rutherford.

Both Muller and Hunter will be NHL head coaches for the first time — Muller arrives from the AHL's Milwaukee Admirals and Hunter from the OHL's London Knights.
THE CANADIAN PRESS

4 sports

Quoted

"I've said it for three years now: I don't care if I'm known as the luckiest coach in the league. That's great. As long as we win, that's fine with me."
NEW YORK JETS HEAD COACH REX RYAN YESTERDAY IN RESPONSE TO PEOPLE CALLING HIS TEAM A LUCKY BUNCH. THE JETS NEEDED A BRILLIANT CATCH BY PLAXICO BURRESS AND A FEW DROPS BY BUFFALO'S STEVIE JOHNSON, BUT RYAN SAID HIS TEAM DID EXACTLY WHAT IT NEEDED TO IN ITS 28-24 WIN OVER THE BUFFALO BILLS SUNDAY.



Can Colts avoid going 0-16?

Quest to avoid a winless season not getting any easier, as team faces three division leaders in four weeks

The dour expressions and quiet tone in the Colts locker room were tell-tale signs of how bleak things have become.

Two years after contending with questions about a perfect season, the Colts are now repeatedly answering questions about their potential to become the second team in league history to go 0-16, a possibility that looks more and more likely after losing at home to Carolina on Sunday.

"It's really not any different than when we were 16-0," said cornerback Jerraud Powers, a rookie on the Colts' 2009 AFC title team. "Except that everyone's going to be on the bandwagon when you're 16-0 and when you're 0-16, everyone gives you a reason and an excuse as to why you're doing what you're doing."

What the Colts (0-11) have done far too often this season is find ways to lose.

On Sunday, they threw away two late scoring chances with interceptions in the Carolina end zone. A touchdown and a 2-point conversion might have at least forced overtime.

It's not the first time something has gone wrong for the Colts.

During one four-week span, Pittsburgh drove for a winning field goal in the final 2 minutes, Tampa Bay scored the winning TD with 3:15 to play, Kansas City rallied from a 17-point deficit and the Bengals won by forcing a late fumble and returning it for a touchdown.

ANDY LYONS/GETTY IMAGES

▶ Peyton Manning and Curtis Painter sit on the bench in the final minute of the Colts' loss to the Panthers on Sunday.

That was followed by a dismal four-game stretch in which Indy was outscored 137-27 and the offence was held out of the end zone for eight consecutive quarters. The drought finally ended in the second quarter Sunday, but the late turnovers did them in against the Panthers.

"Every game we've been in to win, we've found a way to shoot ourselves in the foot," Powers said yesterday. "We've got to find a way to not beat ourselves. If a team beats us because they're better than us, you can live with that."

The problem is that the remaining schedule is filled with teams that are better.

On Sunday, the Colts head to New England (8-3) to face one of the AFC's top teams. Then it's off to Baltimore (8-3) to face another team looking to secure home-field advantage. After a home game with playoff hopeful Tennessee (6-5), the Colts host Houston (8-3) before wrapping up the season at Jacksonville (3-8).

THE ASSOCIATED PRESS

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HELP WANTED

General Help

Full Time & Seasonal Positions Available!
Now hiring for all positions. Customer Service, Marketing, Sales, Management. No Exp Req. Students Welcome. **519-913-3140**

NOW HIRING- LIVE ON SITE
Superintendent Couple
Experienced couple req' to maintain 3 stry walkup -33 unit bldg.
Good people skills/cleaning and small maintenace required
Forward resume by FAX 519-672-5500

General Help

SUPERINTENDENT COUPLE
A live-in couple, to manage a luxury high rise building in London, Ontario
The successful candidate will have exceptional customer service skills, a proven track record in leasing, maintenance and management of residential apartment buildings. Competetive salary and benefits offered.
Please fax your resume 519-673-0809
www.drewloholdings.com
DREWLO

Office Help

ADMINISTRATIVE ASSISTANT Looking for a qualified Administrative Assistant for a new office. Send your resume to admndept@gmail.com

like us metro

RENTALS

Apartments Unfurnished

1 month free! - Dundas & Hale
3 Story Walk-up
2 bdrm $675 hydro
mostly hardwood floors/controlled entry/close to park/bus route & amenities ! Available Immediately.
Call 519-672-8320

Rooms Furnished

Large, furnished room, clean, shared kitchen, shower, close, to downtown & bus route. For MATURE non smoker, inc parking, first & last, **$350.00** mthly Call Ann at 519-663-5212

General Help

MERCHANDISE

Merchandise for Sale

1910 HARLEY DAVIDSON MOTOR CYCLE picture - has authentic certificate, rare & mint condition. $65.00
519-474-4606

Merchandise for Sale

AVON
Catalogs Available!
Call Dianne 519-471-8825

Christmas Garland
Lots, & in good condition.
$ 6.00
(519) 681-5587

Cutlery, 5 place setting
Stainles, 8 sets. $ 20.00
(519) 681-5587

Free Spirit bike for sale
$79.00 Sturdy, white in colour , girls bike suitable for age 4-9 yrs of age.
Phone # 519-268-7444

Girls bike 25 inch ages 5-15 cost $99.00
Mens bike 28 inch cost $50.00
Seniors bike cost $99.00
Phone # 519-268-7444

Harley Davidson Wallet
Genuine leather (gently used)
$12.00
(519) 747-4606

HARLEY DAVIDSON TEDDY BEAR
(as new)
$18.00
519-474-4606

Ladies Blazers
plain or plaid, earthtone color, size 12P, new $ 12.00 each
(519) 681-5587

Lovely printed designer couch with matching love seat . Will go fast. Will email picture after phone call received to serious clients. Cost $100.00 Call 519-268-7444

Merchandise for Sale

Stainless with poinsettia flower to hang to a fireplace mantle
2 pairs. $ 8.00
(519) 681-5587

Timberland ladies boots
brown, brand new,
size 8. $ 20.00
(519) 681-5587

Venture Ridgerunner-Jumbo with larger type ties , comes with Soft Selde Royal Bike Seat-Purple in colour.This girls bike for ages 7-15 yrs of age . $99.00 Phone 519-268-7444

Furniture & Appliances

4 drawer school desk with centre drawer
Chairs fit below centre drawer.
Cost 100.00
519-268-7444

4x6 ft glass table with bevelled edges.
Will email picture to serious clients.
Cost 100.00
519-268-7444

HEALTH & BEAUTY

Massage/Therapists

Become a Certified Practioner In:
Reg. Reflexology, Aromatherapy Massage, Reiki, & Hot Stone. **(519)-694-4325**
w.ocr.edu/teachers/kotsovos.htm

Health Practitioners

Registered Practical Nurse accepting new clients for basic and advanced footcare. Your home or institutional visits. Reasonable discounted rates. 519 639 5304.

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General Services

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hardwood/ceramic/tiles/marble
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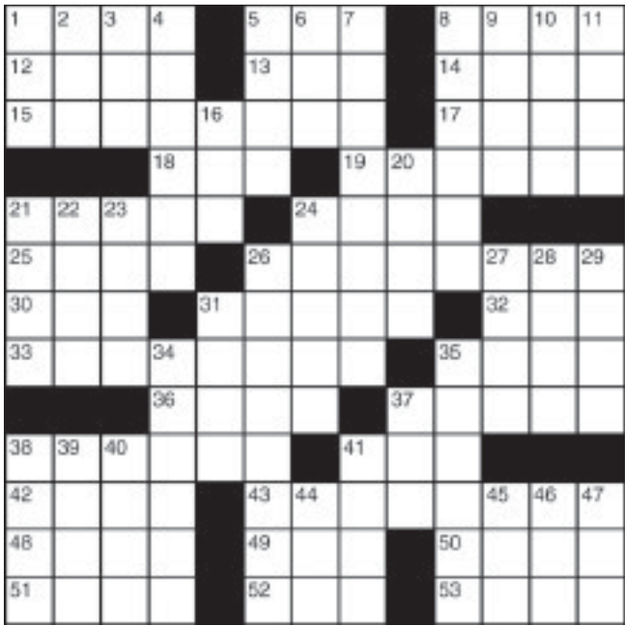
Crossword



Across

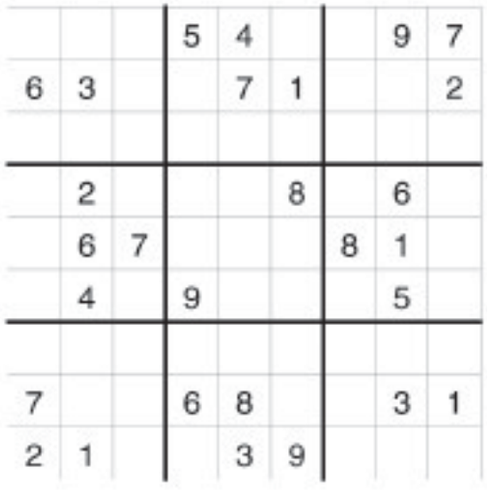
1 "Zounds!"
5 Oft-bracketed word
8 Scruff of the neck
12 Actress Spelling
13 Fed. med. agency
14 Hebrew month
15 Mixed drink
17 "The other white meat"
18 Party staple
19 Brownish-yellow shades
21 Characteristic
24 Spruce or sycamore
25 Batting champ Aaron
26 Aviation timesaver, maybe
30 "I'll take that as — "
31 Principal force
32 Fish eggs
33 Trachea
35 Baseball team
36 Libertine
37 Man of morals?
38 Honor
41 Have bills
42 Old Italian money
43 "Hush!"
48 Slender
49 Weeding tool
50 Maui feast
51 "Desire Under the —"
52 Helios
53 Formerly, formerly

Down

1 And so on (Abbr.)
2 Sticky stuff
3 Curved line
4 African antelope
5 Break suddenly
6 Midafternoon, on a sundial
7 Bleach ingredient
8 Family member
9 Lotion additive
10 Kitten's call
11 31-Down members
16 — for tat
20 Highlander
21 Dissolve
22 Hindu royal
23 In due time
24 Hosiery hue
26 Victories
27 Eye part
28 "—, Nanette"
29 Profound
31 Fraternal grp.
34 Reveries
35 Thread partner
37 Overwhelm
38 Otherwise
39 Window ledge
40 Decorate
41 Admitting customers
44 Debtor's letters
45 "— Town"
46 Existed
47 Eccentric

▶ Yesterday's answer

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Davidson
Dear Davidson <3, We've been together for so long. And I'm sure your heart's been aching. Don't worry, because I'm never gonna give you up. or let you down. I won't even run around. Because I'll never forget you. Love,
FROM RASTLEY

My Special Prince Charming Fear not my sweet darling, I am waiting impatiently for you to contact me anytime and leave me a message. I really want to hear your voice and be forever with you. You are my special and true love! We have to be strong and have faith and hope if we really have the same feelings for each other! Love you very, very much! No matter what happens, you are and will be in my heart for ever and ever... With all my love and kisses...
FROM C. L. YOURS FOREVER

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 If you are the kind of Aries who likes to travel you could find yourself a long way from home today — and enjoying yourself immensely.

♉ Taurus April 21-May 21 Either you love what you are doing, or you do something else.

♊ Gemini May 22-June 21 You will be under a lot of pressure today and because the pressure comes from partners and colleagues you could fall out with someone.

♋ Cancer June 22-July 22 You'll be busy and you may find it hard to catch your breath over the next 24 hours.

♌ Leo July 23-Aug.23 You are in the mood to take action.

♍ Virgo Aug. 24- Sept. 22 You'll have to tread carefully when dealing with loved ones.

♎ Libra Sept. 23-Oct. 23 No matter how irritating others may be you must not let them get under your skin.

♏ Scorpio Oct. 24-Nov. 22 What happens today may be important but it's how you choose to react to it that matters more.

♐ Sagittarius Nov. 23-Dec. 21 You seem to be remarkably assertive at the moment, which is good, but try not to give others the impression that the only thing you care about is your own greater glory, even if it happens to be true!

♑ Capricorn Dec. 22-Jan. 20 Are you afraid to say something because it might upset powerful people? Speak up.

♒ Aquarius Jan. 21-Feb. 18 Life is many things, but most of all it is there to be enjoyed.

♓ Pisces Feb. 19-March 20. You seem to have energy to spare at the moment and if you are smart you will channel it into your work or career. **SALLY BROMPTON**

Caption contest

MISHA JAPARIDZE/THE ASSOCIATED PRESS

HEIKKI SAUKKOMAA/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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